

Summer Lunch Kids' Kits & Guidelines



Summer Lunch defines “complete Kids’ Kits” as specified below. Contact Summer Lunch Coordinator to coordinate the date, time, and location to drop off donated Kids’ Kits. Please mark “MUST Summer Lunch” when donating.

Guidelines

- Please use new plastic bags when putting the Kids’ Kits together.
- We provide breakfast & lunch in each bag for 5 days.
- Please check expiration dates, Kids Kits may go out the following week, with MUST having a weekly distribution.

Kids’ Kits Preparation

- Use room-temperature juice boxes or 8oz. bottle of water. Drink powders help with the weight of the Kids Kits when completed.
- Place juice boxes into the bottom of plastic bags. Then put other items into the lunch bag (heaviest /non-crushable items first).
- All items need to be non-perishable. Please do not use food that is close to its expiration date.
- Please do not include tracts or other religious materials in the bags.
- Each plastic bag will contain the following:
 - 10 drinks – 5 for breakfast & 5 for lunch
 - 5 breakfast entrées
 - 5 lunch entrées
 - 10 snacks

Kits Suggestions:

Drinks –	8 oz bottle of water Capri Sun Motts Apple juice Drink Powders	Lunch entrée –	Mac & Cheese cup Ramon Noodles Microwave pasta Rice cup Noodle bowl Slim Jim (2)
Breakfast entrée -	Cereal cups Breakfast bar Pop tarts Oatmeal packet Grits Packet Pre-packed muffins	Snack Item -	Bag of chips/cookies Fruit Snacks/Fruit roll-ups Raisins Pretzels Sandwich crackers Cheese dip & pretzel sticks

Please Contact MUST Summer Lunch at Summerlunch@mustministries.org