



**KIDS' KITS
INSTRUCTIONS**

KIDS' KITS GUIDELINES

- WASH YOUR HANDS BEFORE PREPARING THE KIDS' KITS.
- PLEASE BE SURE THAT THE PREPARATION AREA IS WIPED DOWN WITH DISINFECTANT CLEANER AND DRIED BEFORE PREPARING KIDS' KITS.
- WE LIKE TO PROVIDE THE CHILDREN WITH A VARIETY OF FOODS.
- PLEASE USE NEW PLASTIC BAGS WHEN PUTTING THE KIDS' KITS TOGETHER.
- WE ARE PROVIDING BREAKFAST & LUNCH IN EACH BAG FOR 5 DAYS.

KIDS' KITS PREPARATION



- USE ROOM TEMPERATURE JUICE BOXES, 8OZ. BOTTLE OF WATER OR DRINK POWDERS.
- PLACE JUICE BOXES INTO THE BOTTOM OF PLASTIC BAGS. THEN PUT OTHER ITEMS INTO THE LUNCH BAG (HEAVIEST /NON-CRUSHABLE ITEMS FIRST).
- ALL ITEMS NEED TO BE NON-PERISHABLE. PLEASE DO NOT USE FOOD THAT IS CLOSE TO ITS EXPIRATION DATE.

**PLEASE DO NOT INCLUDE TRACTS OR OTHER
RELIGIOUS MATERIALS IN THE BAGS.**

KIDS' KITS SUGGESTED ITEMS

DRINKS – 8 OZ BOTTLE OF WATER MOTT'S APPLE JUICE CAPRI SUN
CRYSTAL LIGHT OR JUICE DRINK POWDER

LUNCH ENTREE – MAC & CHEESE CUP RAMEN NOODLES
MICROWAVE PASTA RICE CUP NOODLE BOWL SLIM JIM (2)

BREAKFAST ENTREE - CEREAL CUPS BREAKFAST BAR POP TARTS
OATMEAL PACKET GRITS PACKET PRE-PACKED MUFFINS

SNACK ITEM - BAG OF CHIPS/COOKIES FRUIT SNACKS/
FRUIT ROLL-UPS RAISINS PRETZELS SANDWICH CRACKERS
CHEESE DIP & PRETZEL STICKS



BEGIN WITH 5 BREAKFAST ITEMS AND 5 DRINKS



ADD ALL 10 ITEMS INTO YOUR PLASTIC BAG



**ADD 5 SNACK ITEMS, 5 MORE DRINKS
AND 5 LUNCH ITEMS**



YOU SHOULD HAVE A TOTAL OF 10 DRINKS, 5 BREAKFAST ITEMS, 5 LUNCH ITEMS AND 5 SNACK ITEMS IN EACH BAG



ONCE ALL ITEMS ARE ADDED PLEASE TIE THE PLASTIC BAG



**THANK YOU FOR SUPPORTING
MUST SUMMER LUNCH!**

**IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT
US AT SUMMERLUNCH@MUSTMINISTRIES.ORG**